



**BEHAVIORAL HEALTH TREATMENT PLAN —
REQUEST FOR DETERMINATION OF MEDICAL NECESSITY**

PATIENT INFORMATION

Name: _____ DOB: ____/____/____ PacificSource ID: _____

PRACTITIONER INFORMATION

Name: _____ License type: _____ Tax ID Number: _____

Address: _____

City/State: _____ Phone: _____ Fax: _____

TREATMENT INFORMATION

DSM IV: _____ **Disorder:** _____
(Please include both DSM IV code and name of disorder)

Medications: Not considered Under consideration Are prescribed
Prescribing clinician: PCP PMHNP Psychiatrist
Are you coordinating care with the prescriber? Yes No

Date of initial visit for current episode: ____/____/____ Date of last visit: ____/____/____
Total visits to date: _____

Treatment goals (behaviorally defined) and expected outcomes for this request: _____

Progress made in treatment toward these goals: _____

Termination Criteria—Indicate how termination will occur: _____

Estimated number of visits until termination: _____

VISITS REQUESTED

Number of additional visits proposed: _____ **Time Frame:** ____/____/____ to ____/____/____

CONTACT INFORMATION

Contact person/clinic/provider: _____

Date: ____/____/____ Phone: _____ Fax: _____